



FOUNDATIONAL FUN SUMMER

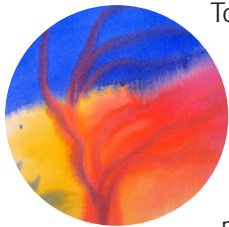
A Program for Children

Foundational Fun Summer program is designed to help children become more comfortable in their bodies and at ease in their learning by using a variety of modalities that complement Waldorf Education.

Children will engage in activities that involve movement and arts through age appropriate games, imagination and stories. Classes will include *dancing, gardening, painting, clay modeling*, along with exercises drawn from **Extra Lesson, Spatial Dynamics**, and various **Reflex Integration** methods. During our time together we will spend time in nature, have swimming lessons, and have four **horseback riding lessons** at River Valley Riders.



Special emphasis will be given to attending to each child's individual needs with regards to fine motor, gross motor, and self movement abilities and to developing healthy social skills. **Rhythmical Massage** and **Reflex Integration** will be offered individually to campers to support a therapeutic program with an emphasis on supporting the tactile, nervous, and auditory systems which are key systems for healthy learning and development.



To support our work at camp and facilitate the integration of the therapeutic modalities being used in the program, parents will be asked to limit media exposure and to give attention to providing a healthy diet for their child.

Foundational Fun will be held at the Minnesota Waldorf School. Current recommended COVID-19 safety and health protocols will be in place.

The program will be offered Monday through Friday from 9:00 a.m. to 3:00 p.m. for weeks June 27-July 1 and July 11-15. There is a short week, July 6-8 to allow for the holiday.

Workshop leaders **Neela Bettaglio, Ann Meany** and **Conradine Sanborn** together bring a wealth of experience in the field of teaching, movement arts, holistic therapies and art.



Camp Location: Minnesota Waldorf School

Summer Camp Will Run 2.5 Weeks:

Week 1: June 27-July 1

Week 2: July 6-8 (short week due to holiday)

Week 3: July 11-15

Ages: Open to children entering grades 1st through 3rd
We are enrolling only 10 children this year.

Time: 9:00 a.m. to 3:00 p.m.

Program Fee: \$1200. Tuition assistance available based on need.

Questions? Please contact one of the program leaders below. You can also register at shen-men.com/foundational-summer-fun-program/

Neela Bettaglio: Neela.bettaglio@gmail.com or 612.227.6059

Ann Meany: meanhen@icloud.com or 651.324.3843

Conradine Sanborn: conradines@gmail.com or 651.233.3566